


























# HILLTOP COMMUNITY CENTER MENU OCTOBER 2018 258-2956

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |  |
|--|---|---|---|---|--|--|--|
| <p>Meals Mon. - Friday<br/>12:00 NOON<br/>Meals on Wheels<br/>\$3.50 - Seniors<br/>\$5.25 - under 60<br/>(Dine in or Carry Out)<br/>Join Us Today!</p> | <p>1. Chicken and Noodle Casserole<br/>Bean Salad<br/>Wheat Bread<br/>Fruit</p>                                    | <p>2. Homemade Sausage Gravy and Biscuits<br/>Scrambled Eggs<br/>Cinnamon Baked Apples</p>             | <p>3. Meat Loaf<br/>Scalloped Potatoes<br/>Green Beans<br/>Hot roll<br/>Cake</p>                       | <p>4. Ham and Beans<br/>Cole Slaw<br/>Corn Bread<br/>Brownies</p>                                      | <p>5. Chicken Salad Sandwich<br/>Lettuce/Tomatoes<br/>Pickled Beets<br/>Fruit</p>   |   |  |
|  | <p>8. Smoked Sausage Casserole<br/>Spinach<br/>Wheat Bread<br/>Fruit</p>   | <p>9. Hamburger on a Bun<br/>Lettuce &amp; Tomato<br/>Baked Beans<br/>Corn<br/>Cookies</p>  | <p>10. Baked Ham<br/>Hash Brown<br/>Casserole<br/>Cooked Carrots<br/>Wheat roll<br/>Cake</p>           | <p>11. Lasagna<br/>Tossed Salad<br/>Garlic Bread<br/>Fruit Salad</p>                                   | <p>12. Turkey and Dressing<br/>Mashed Potatoes and Gravy<br/>Green Beans<br/>Hot roll and Fruit</p>  |  |  |
| <p><b>"THERE IS NO STRENGTH WITHOUT UNITY."</b><br/>IRISH PROVERB</p> <p><small>QUOTES.EVERLASTING.COM</small></p>                                     | <p>15. Chicken Fried Steak Sandwich<br/>Lettuce &amp; Tomatoes<br/>Potato Wedges<br/>Veggies<br/>Apple Crisp</p>  | <p>16. Homemade Chicken Noodle Soup<br/>Pea Salad<br/>Wheat roll<br/>Fruit</p>                       | <p>17. Roast Beef<br/>Mashed Potatoes and Gravy<br/>Green Beans<br/>Hot roll<br/>Fruit Gelatin</p>  | <p>18. Salmon Patty<br/>Creamed Potatoes and Peas<br/>Wheat Roll<br/>Dessert</p>                       | <p>19. Tator Tot Casserole<br/>Tossed Salad<br/>Hot Roll<br/>Fruit<br/>cookies</p>  |  |  |
|    | <p>22. Spaghetti with meat sauce<br/>Tossed Salad<br/>Garlic Bread<br/>Fruit</p>                                 | <p>23. Sausage, Ham, &amp; Egg Casserole<br/>Biscuits<br/>Baked Cinnamon Apples</p>                | <p>24. Oven Fried Chicken<br/>Mashed &amp; Gravy<br/>Mixed Vegetables<br/>Wheat Roll<br/>Cookie</p>  | <p>25. Little Smokies<br/>Macaroni &amp; Cheese<br/>Carrots &amp; Peas<br/>Wheat Roll<br/>Pears</p>  | <p>26. Beef Stew<br/>Pickled Beets<br/>Crackers<br/>Fruit<br/>Cookie</p>          |  |  |
|  | <p>29. Taco Salad<br/>Chips and Salsa<br/>Corn<br/>Applesauce</p>    | <p>30. Pork Cutlet<br/>Mashed Potatoes and Gravy<br/>Mixed Vegetables<br/>Wheat roll<br/>cookie</p>  | <p>31. Halloween Pot Luck and Party<br/>Polish Sausage and Hamburgers<br/>Meals on Wheels:<br/>Tator Tots, Veg. &amp; Fruit<br/>In House Bring sides or desserts</p>                      |    |  |  |  |